



↓  
On this journey,  
you'll need a great Captain!

*CREATED BY*  
*Kim Sorgius*

AND THE  
NOT CONSUMED TEAM

CONTRIBUTORS:

JESSICA SCHAAL  
LEAH SORGIUS

DESIGNER:

EMILY SHEEDER

ILLUSTRATOR:

RAMONA KURTEN

EDITORS:

DEVVY LEYS  
ELIZABETH QUIZON  
STAR KIRBY  
KIMBERLY ALEXANDER  
SOPHIA STOUFFER  
ANNIE STEFFENSMEIER

COPYRIGHT © 2020, 2023  
NOT CONSUMED MINISTRIES, LLC

ALL RIGHTS RESERVED. THIS BOOK CONTAINS MATERIALS PROTECTED UNDER INTERNATIONAL AND FEDERAL COPYRIGHT LAWS AND TREATIES. ANY UNAUTHORIZED REPRINT OR USE OF THIS MATERIAL IS PROHIBITED. NO PART OF THIS BOOK MAY BE REPRODUCED OR TRANSMITTED IN ANY FORM OR BY ANY MEANS, ELECTRONIC OR MECHANICAL, INCLUDING PHOTOCOPYING, RECORDING, OR BY ANY INFORMATION STORAGE AND RETRIEVAL SYSTEM WITHOUT EXPRESS WRITTEN PERMISSION FROM THE AUTHOR/PUBLISHER.

# WHAT'S IN THIS Study?

DAY 1: Your Captain

DAY 2: Your First Mates

DAY 3: Second Mate Friendship

DAY 4: Your Shipmates

DAY 5: All Your Other Friends

DAY 6: Friends Serve God Together

DAY 7: Friends Keep Promises

DAY 8: Friends Are Faithful

DAY 9: Friends Are Mentors

DAY 10: Friends Stand Together

DAY 11: Friends Work Things Out

DAY 12: Friends Listen

DAY 13: Friends Celebrate Each Other

DAY 14: Friends Pray for Each Other

DAY 15: Friends Put Each Other First

DAY 16: Building Friendships

DAY 17: Accountability in Friendships

DAY 18: Changing Friendships

DAY 19: Harmful Friendships

DAY 20: Let Your Captain Lead

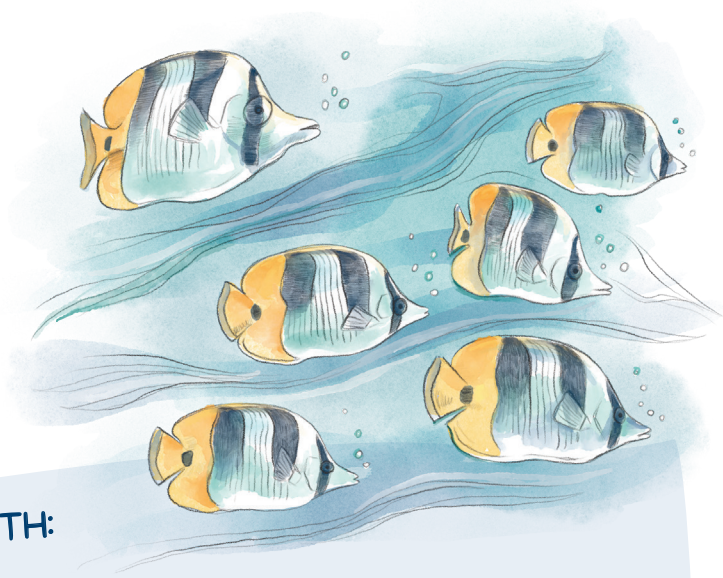
# Pre - K Level

## Ages 2 - 4



Having more is sometimes better,  
but often the opposite is true—  
you can only have so many friends,  
and not all of them can be best friends with you.

Though your very best friends may be close—  
a circle that stays fairly small—  
we should still be loving to everyone  
and show kindness and care to all.



→ KEY TRUTH:

Most friends are in your  
outer circle of friends.



Trace the circle of friends and color the picture.

Turn to page 44. For the rest of this study, you can add friends to the bottom of your chart. These are people in your life you don't spend as much time with but still have a friendship with. You can list a few now, but as we go through the study, you might think of others to add too.

# Primary Level

## Ages 5 - 7

One day, my two closest friends BOTH asked me to do something special with them. I couldn't do both and was forced to choose between them. Has that ever happened to you?

Read  **Proverbs 18:24.**

Is it possible to have too many friends?

When we have too many friends, we can't make all our friends happy because we have to choose, and when we choose one person or activity over another, someone is going to be sad. Whether we want to or not, we will have to choose who gets the most time in our lives.

Our siblings and inner circle shipmates will get the most time with us. Everyone else is in our "outer circle" of friends.

Do you think the Bible says you have to be friends with everyone you meet?

Read **Proverbs 22:24-25.** Who should we NOT be friends with?

There are many other places where the Bible warns us about certain kinds of friends. We should love all people, even our enemies. But we shouldn't have close friendships with all people.

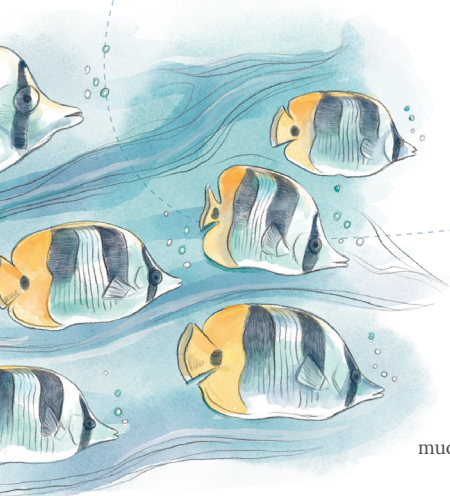
**Most friends are in your  
outer circle of friends.**

Outer circle friends are people we know, love, pray for, and maybe even spend time with, but they aren't as close as our inner circle friends.

Sometimes these friends live far away, or maybe we just don't see them as often. Sometimes we have different goals than our outer circle friends. We can be kind to all people no matter what, but the Bible makes it clear that there are some people we won't be able to have close friendships with.



Who are some of your outer circle friends?



Close today by praying for your outer circle friendships. Thank God for giving them to you!

Turn to page 44. For the rest of this study, you can add friends to the bottom of your chart. These are people in your life you don't spend as much time with but still have a friendship with. You can list a few now, but as we go through the study, you might think of others to add too.

# Junior Level

## Ages 8 - 12

My momma used to say, “You can’t be all things to all people.” I never understood that until the day my two closest friends BOTH asked me to do something special with them. I couldn’t do both and was forced to choose.

Has that ever happened to you?

---



---

Read KEY VERSE **Proverbs 18:24**. Is it possible to have too many friends?

☐ YES  
☐ NO

It’s not only possible, but the Bible says it’s harmful. Why do you think it would be harmful to have too many friends?

What my momma meant by that saying was that you can’t make everyone happy. No matter who you say yes to, someone is going to be hurt. Whether you want to or not, you’ll have to pick who to pay attention to, who comes first, and who gets the most time in your life.

Your siblings and inner circle shipmates will get the most time with you. Everyone outside of that naturally gets less of your attention. This is normal and good for you because your outer circle friendships will change as you grow older.

Do you think the Bible says you have to be friends with everyone you meet?

☐ YES ☐ NO



Let's look at some verses and see if we can come to a clear answer to that question. Read the following verses and note what you find.

Proverbs 13:20

Proverbs 22:24-25

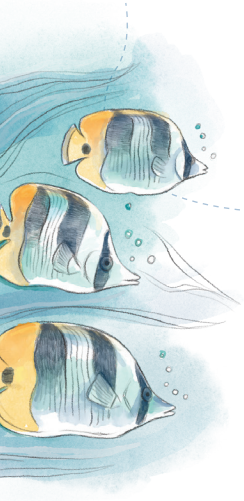
1 Corinthians 15:33

The Bible tells us to love all people, even our enemies. But it doesn't say we should have close friendships with all people. In fact, most of our friends should be in the outer circle. Outer circle friends are people we know, love, pray for, and maybe even spend time with, but they aren't as close as our inner circle friends.

Sometimes these friends live far away, or maybe we just don't see them as often. Sometimes we have different goals than our outer circle friends. We can be kind to all people no matter what, but the Bible makes it clear that there are some people we won't be able to have close friendships with. (More on that later.)

## Most friends are in your outer circle of friends.

Who are some of your outer circle friends?



Close today by praying for your outer circle friends. Thank God for giving them to you!

\*Turn to page 44. For the rest of this study, you can add friends to the bottom of your chart. These are people in your life you don't spend as much time with but still have a friendship with. You can list a few now, but as we go through the study, you might think of others to add, too.



Youth Level  
Ages 13 and up

# All Your Other Friends

My momma used to say, "You can't be all things to all people." I never understood that until the day my two closest friends BOTH asked me to do something special with them. I couldn't do both and was forced to choose.

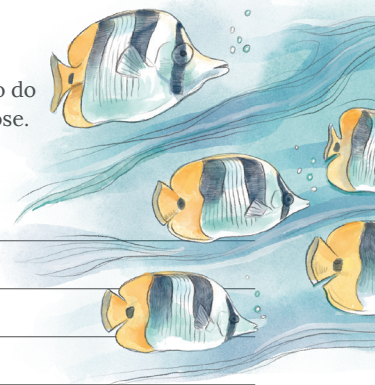
Has that ever happened to you?

---

---

---

---



Read KEY VERSE **Proverbs 18:24**. Is it possible to have too many friends? Explain your answer.

---

---

It's not only possible, but the Bible says it's harmful. Why do you think it would be harmful to have too many friends?

---

---

---

---

What my momma meant by that saying was that you can't make everyone happy. No matter who you say yes to, someone is going to be hurt. Whether you want to or not, you'll have to pick who to pay attention to, who comes first, and who gets the most time in your life.

Your siblings and inner circle shipmates will get the most time with you. Everyone outside of that naturally gets less of your attention. This is normal and good for you because your outer circle friendships will change as you grow older.

Do you think the Bible says you have to be friends with everyone you meet? Explain.

---

---

---

---

---

---

Let's do a quick survey of some verses and see if we can come to a clear answer to that question. Read the following verses and note what you find.



*Proverbs 12:26*

*Proverbs 13:20*

*Proverbs 22:24-25*

*1 Corinthians 15:33*

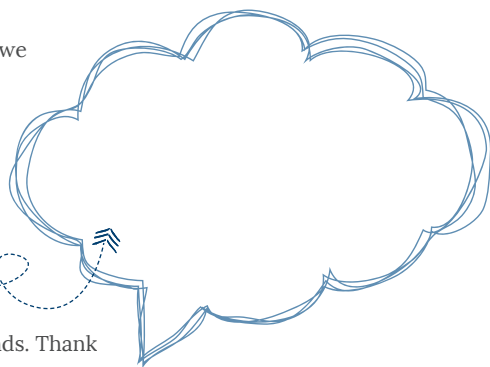
The Bible tells us to love all people, even our enemies. But it doesn't say we should have close friendships with all people. In fact, most of our friends should be in the outer circle. Outer circle friends are people we know, love, pray for, and maybe even spend time with, but they aren't as close as our inner circle friends.

## Most friends are in your *outer circle of friends.*

Sometimes these friends live far away, or maybe we just don't see them as often. Sometimes we have different goals than our outer circle friends. We can be kind to all people no matter what, but the Bible makes it clear that there are some people we won't be able to have close friendships with. (More on that later.)

Who are some of your outer circle friends?

Close today by praying for your outer circle friends. Thank God for giving them to you!



\*Turn to page 44. For the rest of this study, you can add friends to the bottom of your chart. These are people in your life you don't spend as much time with but still have a friendship with. You can list a few now, but as we go through the study, you might think of others to add too.

# Parent Guide

# DAY 5

## All Your Other Friends

My mom used to say, "You can't be all things to all people." I never understood that until the day my two closest friends BOTH asked me to do something special with them. I couldn't do both and was forced to choose. I'm sure this has happened to you many times, too.

Read <sup>EVERSE</sup> *Proverbs 18:24*. Is it possible to have too many friends? Explain your answer.

---

---

---

What my mom meant by that saying was that you can't make everyone happy. No matter who you say yes to, someone is going to be hurt. Whether you want to or not, you'll have to pick who to pay attention to, who comes first, and who gets the most time in your life.

As an adult, your children, spouse, and inner circle shipmates will get the most time with you. Everyone outside of that naturally gets less of your attention. This is normal and good for you because your outer circle friendships in life will continue to change over time.

Do you think the Bible says you have to be friends with everyone you meet?

☒ YES ☐ NO

Let's do a quick survey of some verses and see if we can come to a clear answer to that question. Read the following verses and note what you find.

*Proverbs 12:26*

---

---

*Proverbs 13:20*

---

---

*Proverbs 22:24-25*

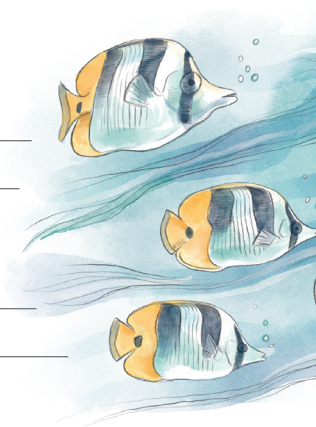
---

---

*1 Corinthians 15:33*

---

---



The Bible tells us to love all people, even our enemies. But it doesn't say we should have close friendships with all people. In fact, most of our friends should be in the outer circle. Outer circle friends are people we know, love, pray for, and maybe even spend time with, but they aren't as close as our inner circle friends.

Sometimes these friends live far away, or maybe we just don't see them as often. Sometimes we have different goals than our outer circle friends. We can be kind to all people no matter what, but the Bible makes it clear that there are some people we won't be able to have close friendships with. (More on that later.)

This is a hard concept for kids to understand. Be sure to talk about how we can love people and not be close with them.

Who are some of your outer circle friends, and what do you love best about them?

---

---

---

---

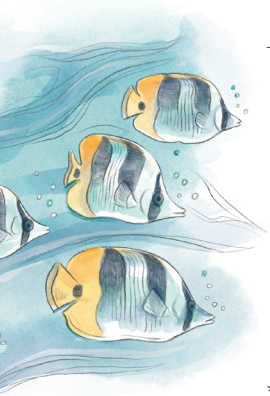
What are some ways you can encourage your kids to have outer circle friendships but also keep the private or special moments for just the inner circle? Why is this important?

Kids need to be taught when to share. Take advantage of this opportunity to help them understand what kinds of things shouldn't be shared with just anyone!

---

---

---



Most friends are in  
*your outer circle of friends.*

Close today by praying for your outer circle friends. Thank God for giving them to you!

\*Turn to page 46. For the rest of this study, you can add friends to the bottom of your chart. These are people in your life you don't spend as much time with but still have a friendship with. You can list a few now, but as we go through the study, you might think of others to add, too.

Scripture: Proverbs 18:24  
Key Truth: Most friends are in  
your outer circle of friends.

Discussion: Is it possible to have too many  
friends? Who are your outer circle friends? What can you do  
to love people even if you aren't close friends?



## CONNECTED

— RELATIONSHIPS SERIES —

INCLUDES:



### ***OBEY:***

A biblical study on the importance of obedience



### ***MY BROTHER'S KEEPER:***

A biblical study on loving your siblings



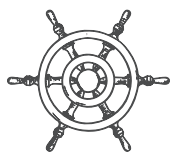
### ***MAKING PEACE:***

A biblical study on conflict resolution



### ***BECOMING A SERVANT:***

A biblical study on serving like Jesus



### ***NAVIGATING FRIENDSHIPS:***

God's perfect plan for friends

AVAILABLE IN ALL AGE LEVELS:  
Pre-K, Primary, Junior, Youth, and Parent Guide

*shop today at*

STORE.NOTCONSUMED.COM