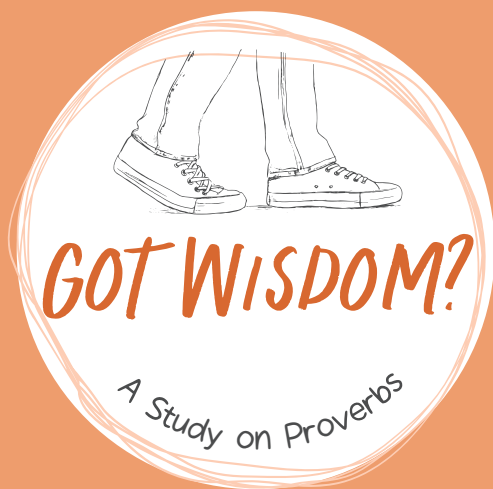




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The fear
of the Lord is
the beginning
of wisdom.

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WHAT'S IN THIS Study?

» The Truth About Gaining Wisdom

DAY 1: A Heart of Wisdom

DAY 2: Where to Get Wisdom

DAY 3: How Well Do You Know God?

DAY 4: Learning Who Is Trustworthy

DAY 5: Wisdom to Listen

» Why We Need Wisdom

DAY 6: A Word From Wisdom

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DAY 19: Overflowing Kindness

DAY 20: Praying for Wisdom



Junior Level

Ages 8 - 12

I used to babysit a toddler who loved charging through the house with his toy swords, fighting an invisible enemy. One day he burst into a room, not looking where he was going, and slammed into a wooden chair that had been scooted into his path. He screamed in anger, punched the chair, and then continued running through the house.

What makes you truly angry? Maybe you blow up when you get angry, or maybe you're better at hiding when you're mad. Whichever way you respond, anger is something we all struggle with! But growing in wisdom should mean we don't give in to sin, even when we are angry.

Read **Proverbs 14:17**. What sin is described in this verse?

Anger itself is not a sin—it's what anger can lead us to do that is wrong. Notice that this verse specifically mentions a "quick temper." This phrase gives the idea of anger rising up so quickly that it spills out of us unchecked.

Anger like this refuses to speak to people, does the opposite of what is asked, slams doors, yells, punches through walls, and explodes when spoken to. This kind of person is really hard to be around! Others may avoid this person because they are so out of control.

Read **Proverbs 25:28**. What do you think this verse means?

The picture this verse gives us is incredibly powerful when you stop to think about it. A city without walls has no protection and is open to attack from the enemy! Ultimately, this is what we are like when we give in to anger instead of having the self-control to slow down, think, and THEN respond.



Proverbs 22:24-25 clearly warns us not to make friends with a person who is controlled by their anger! An angry person's friends will learn their ways and become like them, so wise people will avoid angry people in order to NOT become like them.

Read ^{KEYVERSE} **Proverbs 16:32**. What is the alternative to being controlled by anger?

Those who control their anger are stronger than a bodybuilder or a skilled military commander who defeats the enemy and captures a city! People who put the effort into growing in this way will not be disappointed. Learning self-control in the area of anger is hard work, but it is not too hard with the Lord by your side to give you strength and help you grow.

Wise people **control** their anger
rather than being controlled by their anger.

Is anger a problem you need to address in your life?

Who can you ask to help you deal with this issue?
When will you talk to them?



Pray and ask God to help you control your anger and avoid angry people. Thank Him for the hope He gives you.

Youth Level

Ages 13+

I used to babysit a toddler who loved charging through the house with his toy swords, fighting an invisible enemy. One day he burst into a room, not looking where he was going, and slammed into a wooden chair that had been scooted into his path. He screamed in anger, punched the chair, and then continued running through the house.

Thinking back on this time, I can't help but laugh—he looked so silly being angry at a chair and punching it! But at the same time, I realize just how often I act the same way. When something doesn't go my way, my day is ruined. If my neighbor's trash blows into my yard, I want to talk badly about them and vent my anger to every friend who will listen.

What makes you truly angry?

Maybe you blow up when you get angry, or maybe you're better at hiding when you're mad. Whichever way you respond, anger is something we all struggle with! But growing in wisdom should mean we don't give in to sin, even when we are angry.

Read *Proverbs 14:17*. What sin is described in this verse?

Anger itself is not a sin—it's what anger can lead us to do that is wrong. Notice that this verse specifically mentions a "quick temper." This phrase gives the idea of anger rising up so quickly that it spills out of us unchecked.

Anger like this refuses to speak to people, does the opposite of what is asked, slams doors, yells, punches through walls, and explodes when spoken to. This kind of person is really hard to be around! In fact, friends, siblings, parents, or teachers may dread having to interact with this kind of person because they are so unpredictably out of control.

Read *Proverbs 25:28*. What do you think this verse means?

The picture this verse gives us is incredibly powerful when you stop to think about it. A city without walls is absolutely defenseless and open to attack from the enemy! Ultimately, this is what we are like when we give in to anger instead of having the self-control to slow down, think, and THEN respond.



Read *Proverbs 22:24-25*. What does this verse point out about an angry person?

The warning in this verse is clear: Do not make friends with a person who is controlled by their anger! An angry person's friends will learn their ways and become like them, so wise people will avoid angry people in order to NOT become like them.

Stop and think about this. Are you the kind of person that wise people want to avoid? Does your anger control you to the point that people see it and realize they need to stay away? On the other hand, do you have a friend that you should not be close to because of their angry tendencies? Would a wise person hang out with that friend?

Read ^{KEY VERSE} *Proverbs 16:32*. What is the alternative to being controlled by anger?

Those who control their anger are stronger than a bodybuilder or a skilled military commander who defeats the enemy and captures a city! People who put the effort into growing in this way will not be disappointed. Learning self-control in the area of anger is hard work, but it is not too hard with the Lord by your side to give you strength and help you grow.

Wise people *control* their anger
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Is anger a *problem* you need to address in your life?

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Parent Guide

I used to babysit a toddler who loved charging through the house with his toy swords, fighting an invisible enemy. One day he burst into a room, not looking where he was going, and slammed into a wooden chair that had been scooted into his path. He screamed in anger, punched the chair, and then continued running through the house. Thinking back on this time, I can't help but laugh—he looked so silly being angry at a chair and punching it! But at the same time, I realize just how often I act the same way.

What makes you truly angry? Maybe you blow up when you get angry, or maybe you're better at hiding when you're mad. Whichever way you respond, anger is something we all struggle with! But growing in wisdom should mean we don't give in to sin, even when we are angry.

Read *Proverbs 14:17*. What sin is described in this verse?

Everyone gets frustrated sometimes, even mad. Yet, it's how we deal with it that is important. Anger is often a really big struggle our kids are facing. They do not possess the tools to deal with their anger on their own—they need God's truth and our help! As a family, discuss ways to move past angry feelings and overcome them. Be sure to let your kids know that they can come to you for help when they can't control their anger themselves.

Anger itself is not a sin—it's what anger can lead us to do that is wrong. Notice that this verse specifically mentions a "quick temper." This phrase gives the idea of anger rising up so quickly that it spills out of us unchecked.

Anger like this refuses to speak to people, does the opposite of what is asked, slams doors, yells, punches through walls, and explodes when spoken to. This kind of person is really hard to be around! In fact, friends, siblings, co-workers, or neighbors may dread having to interact with this kind of person because they are so unpredictably out of control.

Read *Proverbs 25:28*. What do you think this verse means?

The picture this verse gives us is incredibly powerful when you stop to think about it. A city without walls is absolutely defenseless and open to attack from the enemy! Ultimately, this is what we are like when we give in to anger instead of having the self-control to slow down, think, and THEN respond.

Read *Proverbs 22:24-25*. What does this verse point out about an angry person?

The warning in this verse is clear: Do not make friends with a person who is controlled by their anger! An angry person's friends will learn their ways and become like them, so wise people will avoid angry people in order to NOT become like them.

Stop and think about this. Are you the kind of person that wise people want to avoid? Does your anger control you to the point that people see it and realize they need to stay away? On the other hand, do you have a friend that you should not be close to because of their angry tendencies? Would a wise person hang out with that friend?

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Is anger a *problem* you
need to address in your life?

Who can you ask to help you deal with
this issue? When will you talk to them?

Pray and ask God to help you control your anger and avoid angry people. Thank Him for the hope He gives you.



Scripture: Proverbs 16:32

Key Truth: Wise people control their anger rather than being controlled by their anger.

Discussion: What things make you angry?

How do you usually show your anger? Are any of these things sinful? What can you do to make sure you are being wise and obeying God in the way you deal with your anger?

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to God and others with this powerful series!

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AVAILABLE IN 3 LEVELS—JUNIOR LEVEL SHOWN ABOVE.
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PARENT GUIDE DOES NOT INCLUDE PUZZLE ERASERS, TECH STICKERS, OR PENCILS.





GOT WISDOM?

Our lives are filled with **choices** and decisions.
Who is truly a good friend? Which opportunity is the
best choice? Is this right or wrong? What is the
best way to act in this situation?

If we depend on **our own** understanding, it's easy to
end up overwhelmed or start choosing things that don't
please God. This is why we need WISDOM! When we are
uncertain, afraid, or tempted with sin, the wisdom God
gives will help us make choices that **honor** Him
and lead to blessing on our lives.

