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Your words have
POWER—use them wisely!

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WHAT'S IN THIS Study?

DAY 1: Good Fruit or Bad Fruit

DAY 2: The Power of the Tongue

DAY 3: A Blazing Fire

DAY 4: Sticks and Stones

DAY 5: We Can't Do It on Our Own

DAY 6: Words Should Offer Praise

DAY 7: Words Should Share Christ With Others

DAY 8: Words Should Bring Healing

DAY 9: Words Should Be Kind

DAY 10: Words Should Be True

DAY 11: Words Should Be Thankful

DAY 12: Words Should Be Pure (Clean)

DAY 13: Words Should Be Respectful

DAY 14: Words Should Be Humble

DAY 15: Words Should Be Peaceful

DAY 16: Keep Your Mouth Shut

DAY 17: Be Slow to Speak

DAY 18: Attitude of the Heart

DAY 19: How to Get Help

DAY 20: Know the Power of Your Words



Pre - K Level

Ages 2 - 4

Words Should Be Thankful

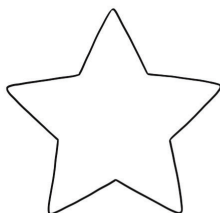
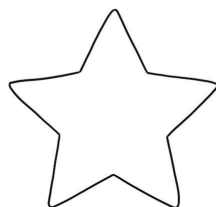
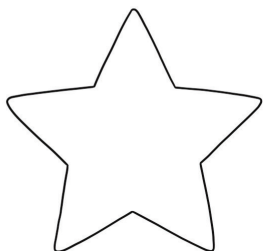
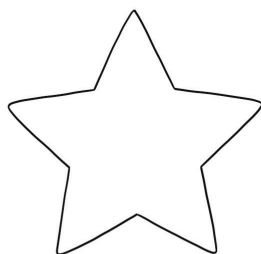
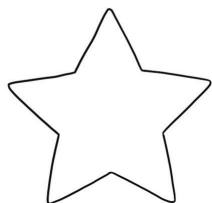
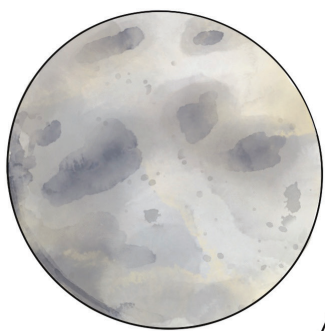
If you ever start to grumble
or mumble, complain, or whine,
stop and remember what God expects—
thankful words all the time!



→ KEY TRUTH:

We should speak thankful words
for instead of complaining so we
can shine like stars for Jesus.

📖 PHILIPPIANS 2:14-15



Color all the stars on the page. Each time you color a star, say something you are thankful for.

*Find the BE THANKFUL fruit and add it to your trees on pages 4-5.

Primary Level

Ages 5 - 7

Words Should Be Thankful

Sometimes we obey and do the right thing because God (or our parents) say so, but we do it with a bad attitude. For instance, going to our room but slamming the door.

We might even apologize for something we did and inside still feel mad about it, so we grumble the words out in a huffy tone.

Have you ever obeyed with a bad attitude?

Let's read ^{KEY VERSES} **Philippians 2:14-15.**

We are supposed to do all things without grumbling or complaining—that means the hard stuff, the stuff we don't want to do, the stuff that seems unfair. ALL things are to be done without grumbling or complaining.



Do you know what we are supposed to do instead?

Read! **Thessalonians 5:18.**

Thanks? That's a hard one, isn't it?

It's hard to be thankful when things aren't going our way or when someone has been mean or unfair to us. Trust me, God knows this.

He commands it because when we give thanks to Him, it changes who we are.

And when we give thanks instead of complaining, we SHINE like stars for HIS glory!

Our lips should be full of **THANKSGIVING** instead of complaining so that we can shine like stars for God's glory.

Draw 3 things you are thankful for.



Ask God to help you to be thankful instead of complaining about the things you don't like.

*Find the BE THANKFUL fruit and add it to your trees on pages 4-5.

Junior Level

Ages 8 - 12

Words Should Be Thankful



We learned so much last week when we visited our “life orchard.” Can you list the five kinds of fruit we saw that bring life and healing?

» _____

» _____

» _____

» _____

» _____

Sometimes we obey and do the right thing because God (or our parents) say so, but we do it with a bad attitude. For instance, going to your room but slamming the door. We might even apologize for something we did and inside still feel mad about it, so we grumble the words out in a huffy tone. Have you ever obeyed with a bad attitude?

Let's read ^{KEY VERSES} » **Philippians 2:14-15.**

» ☐ YES ☐ NO

What are we NOT supposed to do? » _____

The Bible says that everything we do should be done without grumbling or complaining.

Read | **Thessalonians 5:18.**
What are we supposed to do instead?

» _____

Our lips should be full of
THANKSGIVING instead
of complaining so that
we can shine like stars
for God's glory.

Give thanks? That's a hard one, isn't it? It's hard to be thankful when things aren't going our way. It's hard to be thankful when someone has been mean or unfair to us. Trust me, God knows this. He commands it because when we give thanks to Him, it changes who we are.

When we give thanks to Him, it blesses everyone around us, too. Go back to Philippians 2. This time pay close attention to verse 15. If we do things without complaining and instead with thankful lips, what will happen? Draw it. (Hint: look at the very last few words of the verse.) ➡

Don't you want to shine like stars? It sounds beautiful, but remember, it's not just for us. We have the opportunity to shine this precious light so others can see the glory of God through us!

Write a list of things you know you have complained or grumbled about recently. Then on the right, list something you can say instead that is thankful.



COMPLAINTS	THANKFUL WORDS

Close today by asking God to help you make this change and give you the opportunity to speak thankful words instead of grumbling or complaining.

*Find the BE THANKFUL fruit and add it to your trees on pages 4–5.

Youth Level
Ages 13 and up

Words Should Be Thankful

We learned so much last week when we visited our “life orchard.” Can you list the five kinds of fruit we saw that bring life and healing?

Sometimes we obey and do the right thing because God (or our parents) say so, but we do it with a bad attitude. For instance, going to your room but slamming the door and shouting, “Fine, I didn’t want to be with you anyway!”

We might even apologize for something we did and inside still feel mad about it, so we grumble the words out in a huffy tone. Have you ever obeyed with a bad attitude? Write about it below.

Let’s read ¹⁵ *Philippians 2:14-15*. Write verse 14 below.

Now go back and circle the word that tells us how often we are supposed to do things without grumbling or complaining. “Everything” (or “all things”) literally means every single thing we do. That means the hard stuff, the stuff we don’t want to do, the stuff that seems unfair. ALL things are to be done without grumbling or complaining.

Do you know what we are supposed to do instead? Read *1 Thessalonians 5:18*.

Give _____ in *all* things.

Thanks? That’s a hard one, isn’t it? It’s hard to be thankful when things aren’t going our way. It’s hard to be thankful when someone has been mean or unfair to us. Trust me, God knows this, but He commands it anyway. He commands it because when we give thanks to Him, it changes who we are.

Our lips should be full of THANKSGIVING instead of complaining so that we can shine like stars for God's glory.

When we give thanks to Him, it blesses everyone around us, too. Go back to *Philippians 2*. This time pay close attention to verse 15. If we do things without complaining and instead with thankful lips, what will happen?

Don't you want to shine like stars? It sounds beautiful, but remember, it's not just for us. We have the opportunity to shine this precious light so others can see the glory of God through us! Being thankful in some of the hard stuff in life is actually one of the easiest ways for them to see it. People are always naturally curious when we don't act like everyone else would.

Let's make this lesson really practical. On the left, write a list of things you know you have complained or grumbled about recently. Then on the right, write something you can say instead that is thankful.

COMPLAINTS

Thankful Words



Close today by asking God to help you make this change and give you the opportunity to speak thankful words instead of grumbling or complaining.

*Find the BE THANKFUL fruit and add it to your trees on pages 4-5.

Parent Guide

Words Should Be Thankful

We learned so much last week when we visited our “life orchard.” Can you list the five kinds of fruit we saw that bring life and healing?

Sometimes we obey and do the right thing because God (or our parents) say so, but we do it with a bad attitude.

We might even apologize for something we did and inside still feel mad about it, so we grumble the words out in a huffy tone. Have you ever obeyed with a bad attitude? Write about it below.

>>

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Let's read ^{REVERSES} *Philippians 2:14-15*. Write verse 14 below.

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Now go back and circle the word that tells us how often we are supposed to do things without grumbling or complaining. “Everything” (or “all things”) literally means every single thing we do. That means the hard stuff, the stuff we don't want to do, the stuff that seems unfair. ALL things are to be done without grumbling or complaining.

Do you know what we are supposed to do instead?

Read *1 Thessalonians 5:18*.

Give _____ in *all* things.

Remember, your kids are going to do what you DO more than what you say, so living an example of gratitude and having a thankful attitude about life WILL impact them.



Thanks? That's a hard one, isn't it? It's hard to be thankful when things aren't going our way. It's hard to be thankful when someone has been mean or unfair to us. Trust me, God knows this, but He commands it anyway. He commands it because when we give thanks to Him, it changes who we are.

When we give thanks to Him, it blesses everyone around us, too. Go back to *Philippians 2*. This time pay close attention to verse 15. If we do things without complaining and instead with thankful lips, what will happen?

Don't you want to shine like stars? It sounds beautiful, but remember, it's not just for us. We have the opportunity to shine this precious light so others (like your own kids!) can see the glory of God through us! Being thankful in some of the hard stuff in life is actually one of the easiest ways for them to see it. People are always naturally curious when we don't act like everyone else would.

Let's make this lesson really practical. On the left, write a list of things you know you have complained or grumbled about recently. Then on the right, write something you can say instead that is thankful.

COMPLAINTS

Thankful Thoughts

*Our lips should be full of THANKSGIVING
instead of complaining
so that we can shine like stars for God's glory.*

Close today by asking God to help you make this change and give you the opportunity to speak thankful words instead of grumbling or complaining.

*Find the BE THANKFUL fruit and add it to your trees on pages 6–7.

Scripture: Philippians 2:14–15
Key Truth: Our lips should be full of thanksgiving instead of complaining so we can shine like stars for God's glory.

Discussion: What are you thankful for? Explain why thankful words shine like stars for God's glory.



INCLUDES:

KEEP THY HEART:

The key to staying on the right path

FRUIT OF THE TONGUE:

A biblical study on the power of words

DO RIGHT:

A biblical study on handling temptation

A CONTENT HEART:

Godly contentment in a me-first world

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FRUIT ^{OF THE} TONGUE

Have you ever said something really awful or hurtful?

Trust me, we all have. When we feel frustrated, annoyed, or treated unfairly, it's easy to lash out with ugly words without thinking about the consequences those words might have on ourselves or those around us. But just because it's easy and most people are guilty of doing it doesn't mean it's the right thing to do.

The things we say matter in a HUGE way to God, and they have tremendous power over our lives and the lives of those around us.

Are you ready to speak life, enjoying the orchard of good fruit God has for you? Let's go!

