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Making wise choices
in the face of temptation!

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WHAT'S IN THIS Study?

DAY 1: What Is Sin?
DAY 2: Do I Have a Problem with Sin?
DAY 3: Jesus Died for That
DAY 4: Saved From the Power of Sin
DAY 5: The Christian Life



DAY 6: Enemy #1: The World
DAY 7: Enemy #2: The Flesh
DAY 8: Enemy #3: Satan
DAY 9: Weapons to Fight
DAY 10: Belt of Truth

DAY 11: Breastplate of Righteousness
DAY 12: Gospel Shoes of Peace
DAY 13: Shield of Faith
DAY 14: Helmet of Salvation
DAY 15: Sword of the Spirit

DAY 16: What If It Costs Me?
DAY 17: But No One Will Know
DAY 18: Why Does It Matter?
DAY 19: Bad Choices
DAY 20: The Battle Plan

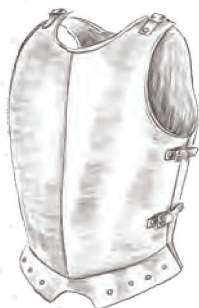
Primary Level

DAY 9

Weapons to Fight



Helmet of
Salvation



Breastplate of
Righteousness



Belt of
Truth



Gospel
Shoes of
Peace



Sword of the Spirit



Shield
of Faith

So far this week, we've talked about 3 enemies that are trying to keep us from obeying God. Can you remember all three?

Let's dig into the Bible and see what we need to do about these enemies.

Read **Ephesians 6:1**. Who are we told to obey?

Obeying your parents and all of the people in charge of you is one of the hardest things to do because we all want our own way.

Thankfully, God doesn't leave us on our own to do this.

In **KEY VERSES** **Ephesians 6:10-13**, Paul tells us to be **STRONG** in the Lord and put on the whole armor of God.

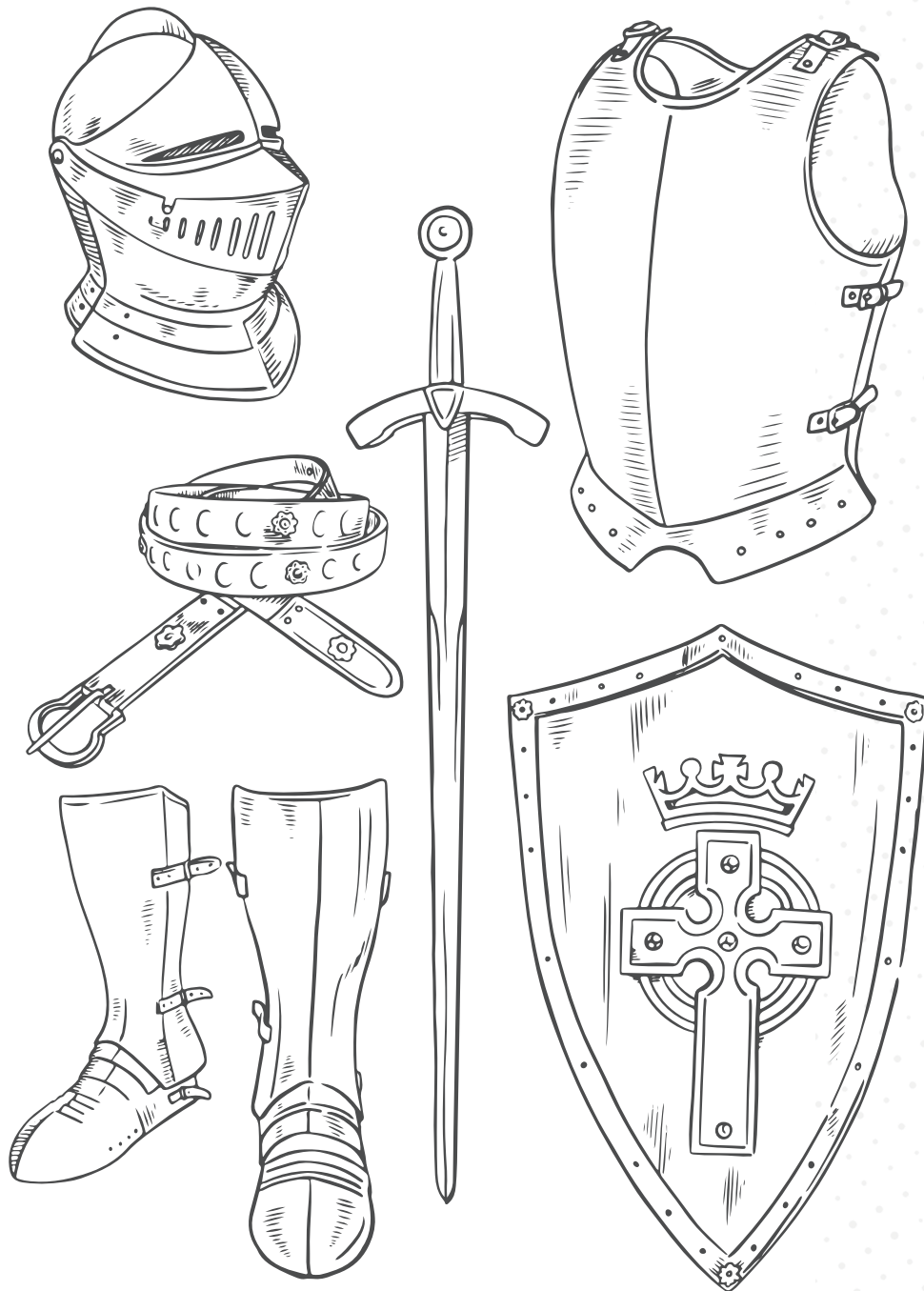
Do you know what the armor of God is?

Read **Ephesians 6:14-17**. As we read, color each of the pieces of armor on the next page as they are mentioned.

We can fight sin in the Lord's strength by putting on the **armor** of God.

God has given us these special things to help us stand firm against our enemies. The Bible says we need all 6 pieces of armor if we want to win!

Color the armor of God.



Pray and thank God for giving you the help you need to be **STRONG** in the Lord like it says in Ephesians. Ask Him to help you obey and do right!

Junior Level

DAY

9

Weapons to Fight

So far, we've talked about 3 enemies that are trying to keep us from obeying God. Can you name them?

» _____
» _____
» _____

Let's dig into the Bible and see what we need to do about these enemies.

Read **Ephesians 6:1**.
Who are we told to obey?

» _____

Obeying your parents and all of the people in charge of you is one of the hardest things to do because we all want our own way. Thankfully, God doesn't leave us on our own.

Now, let's dig into the Bible to see the weapons God has given us to do this.

Turn to ^{VERSE 6} » **Ephesians 6:10-13**. Read it out loud very slowly to make sure you understand each part clearly. Name three ways we can withstand the schemes (wiles) of the devil.

Be strong in _____ (verse 10)

Put on _____ (verse 11)

Stand _____ (verse 13 ESV)

In the next few verses, Paul tells us 6 very specific weapons that God gives us to help us stand firm and fight against temptation.

Read **Ephesians 6:14-17**, and fill in the blanks.

The Armor of God

Belt of _____ (verse 14)

Breastplate of _____ (verse 14)

Gospel shoes of _____ (verse 15)

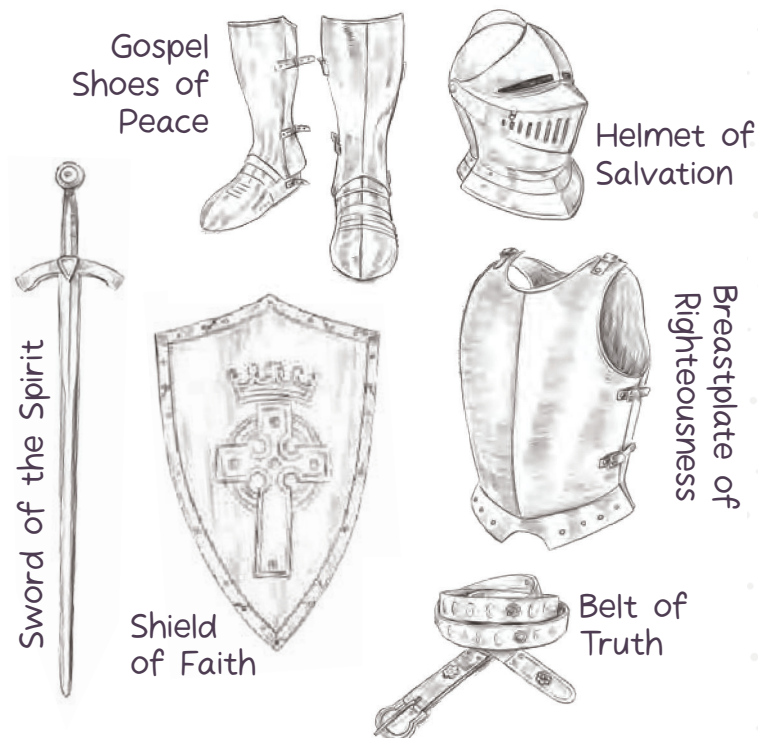
_____ of faith (verse 16)

Helmet of _____ (verse 17)

_____ of the Spirit (verse 17)

God has given us these special things to help us be strong in Him. The Bible says we need all 6 pieces of armor if we want to win! We will talk more about them in our next lesson.

We can fight sin in the Lord's strength
by putting on the **armor** of God.



Pray and thank God for giving you the help you need to be STRONG in the Lord, like it says in Ephesians. Ask Him to help you obey and do right!

Youth Level

DAY

9

Weapons to Fight

So far this week, we've talked about 3 enemies that are trying to keep us from obeying God. List them below.

» _____
» _____
» _____

We are going to start by looking at Ephesians chapter 6 as a whole. Then in the next lessons, we will dig a little deeper into each part.

Read *Ephesians 6:1-3*.
Who are we told to obey?

» _____

Obeying your parents and all of the people in charge of you is one of the hardest things to do because we all want our own way. Thankfully, God doesn't leave us on our own to do this.

Read ^{KEY VERSES} » *Ephesians 6:10-13*, and fill in the blanks.

Be strong in _____ (v. 10)

Put on _____ (v. 11)

Stand _____ (v. 13 ESV)

What do you think would change in your life if you did those three things?

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In the next few verses, Paul tells us 6 very specific weapons that God gives us to help us stand firm and fight against temptation.

Read *Ephesians 6:14-17*, and fill in the blanks.

The Armor of God

_____ of Truth (v. 14)
Breastplate of _____ (v. 14)
Gospel shoes of _____ (v. 15)
_____ of Faith (v. 16)
Helmet of _____ (v. 17)
_____ of the Spirit (v. 17)

God has given us these very unique weapons to help us stand firm against our enemies. The Bible says we need all 6 pieces of armor if we want to win! We will talk more about them in our next lesson.

So what do you say? Are you willing to make that choice and learn how to fight your enemies?

We can fight sin in the Lord's strength
by putting on the *armor* of God.

Make a commitment below in the way of a prayer. Tell God what you are going to do. Tell Him you will be **STRONG** in Him, put on the armor, and stand firm.



Helmet of
Salvation



Breastplate of
Righteousness



Sword of the Spirit

Shield
of Faith



Belt of Truth



Gospel
Shoes of
Peace

Parent Guide

DAY

9

Weapons to Fight

So far, we've talked about 3 enemies that are trying to keep us from obeying God. List them below.

» _____
» _____
» _____

Let's begin today by looking at Ephesians chapter 6 as a whole. Then in the next lessons, we will dig a little deeper into each part.

Read *Ephesians 6:1-3*.
Who are we told to obey?

» _____

Obeying your parents and all of the people in charge of you is one of the hardest things to do because we all want our own way. Thankfully, God doesn't leave us on our own to do this.

Read ^{KEY VERSES} *Ephesians 6:10-13* and fill in the blanks.

Often as parents, we "fight" our kids' disobedience as if we are fighting them personally. We must remember that when kids disobey, they are giving in to one of their enemies. THIS is a spiritual battle—one you want to be ready to fight with them just as much as you are ready to fight your own enemies!

Be strong in _____ (v. 10)

Put on _____ (v. 11)

Stand _____ (v. 13 ESV)

What do you think would change in your life if you did those 3 things?

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In the next few verses, Paul tells us 6 very specific weapons that God gives us to help us stand firm and fight against temptation.

Read *Ephesians 6:14-17*, and fill in the armor of God.

_____ of Truth (v. 14)
 Breastplate of _____ (v. 14)
 Gospel shoes of _____ (v. 15)
 _____ of Faith (v. 16)
 Helmet of _____ (v. 17)
 _____ of the Spirit (v. 17)

God has given us these very unique weapons to help us stand firm against our enemies. The Bible says we need all 6 pieces of armor if we want to win! We will talk more about them in our next lesson.

As you ponder the Armor of God and each specific piece over the next few lessons, I want to challenge you to first look for ways you can strengthen yourself for the battle and then seek to help your kids. It's EASY to point fingers and shift the blame. Trust me, I'm just as guilty. But we must remember that this isn't a Sunday school lesson for kids. Spiritual battles are something every Christian fights each day of their life.

We can fight sin in the Lord's strength
 by putting on the *armor* of God.

Make a commitment below in the way of a prayer. Tell God what you are going to do. Tell Him you will be STRONG in Him, put on the armor, and stand firm.



Helmet of Salvation



Breastplate of Righteousness



Sword of the Spirit

Shield of Faith



Belt of Truth



Gospel Shoes of Peace

Scripture: Ephesians 6:10-13

Key Truth: We can fight sin in the Lord's strength by putting on the armor of God.

Discussion: What are the 6 weapons God gives us to fight sin?



DO RIGHT

Do right. Obey. You probably hear those words a lot. Your parents, teachers, and pastors all want you to do the right thing. They expect you to clean your room, do your schoolwork, do the dishes, and have a cheerful heart in the process.

As a Christian, you want to. The trouble is, it doesn't always happen. Despite your best efforts, you still make the wrong choices sometimes, and it's frustrating.

This study is all about helping you make the right choice in the face of temptation, even when it's hard. We will study the lives of people who did just that, and we'll use the weapons God has given us to help us walk in obedience.

Are you ready to fight the good fight and learn to walk in obedience to the Lord? Let's go!

