

A decorative dashed purple line starts at the top left, loops around the top right, and then loops around the bottom left, framing the central text.

Discoveries in Motion

PRIMARY ADVENTURES

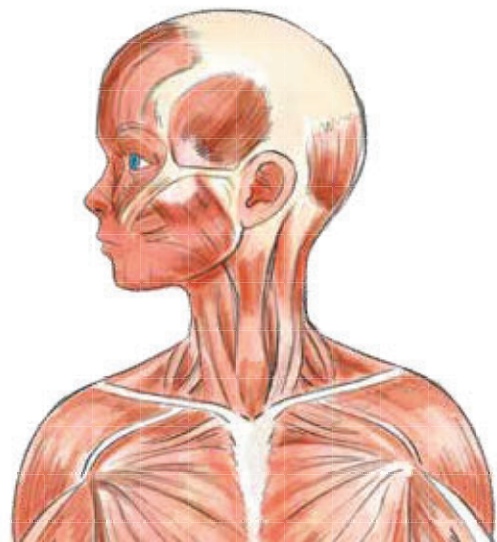
#NotConsumed® Homeschool
EXPLORATIONS CURRICULUM

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*Field trip
at the end
of Week 6!*

Parent Note—
We are building
handwriting skills
as this curriculum
progresses. You
will notice the lines
change in Week 8 to
help the size of your
child's handwriting.



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Field trip
at the end
of Week 11!

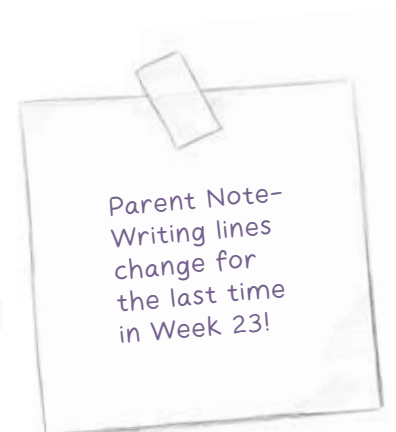
Field trip
at the end
of Week 17!

This is Book 2!
If you are
looking for
information on
how to use this
book, check
back in Book 1.



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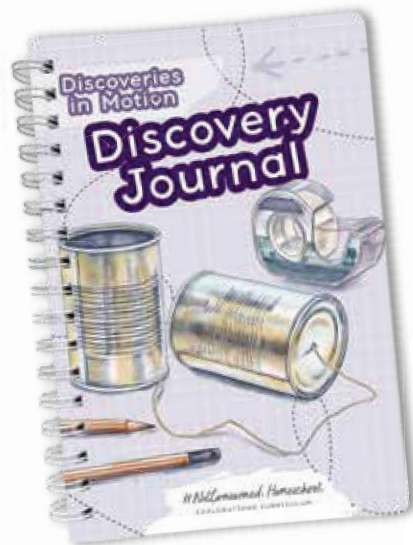


This is Book 3! If you are looking for information on how to use this book, check back in Book 1.

Discoveries in Motion

Daily Curriculum

- Each lesson begins with a unique discovery question that builds curiosity and observation skills. Two read-aloud teaching pages provide the content for the lesson. Students can read this independently, or parents can read it aloud.
- Each lesson includes 4–5 activities that students can complete independently. Students will explore, practice, and engage with the topic of the week. Activities include basic math, hands-on experiments, grammar and writing activities, mini books, and weekly reviews.
- Answer spaces change size and shape as the year progresses to help students' handwriting adjust to traditional lines.

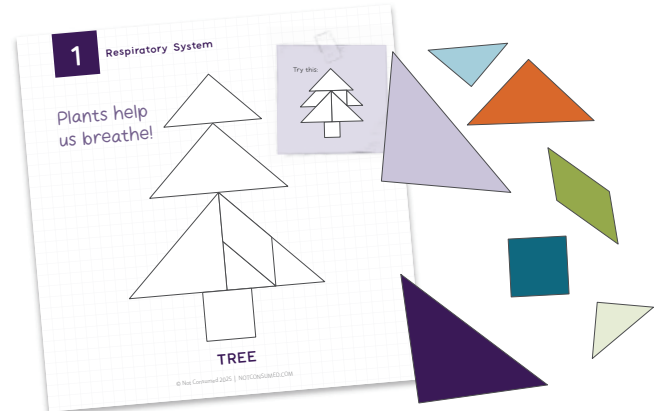


Discovery Journal

Weekly journal for students to record scientific observations, complete experiments, and review vocabulary.

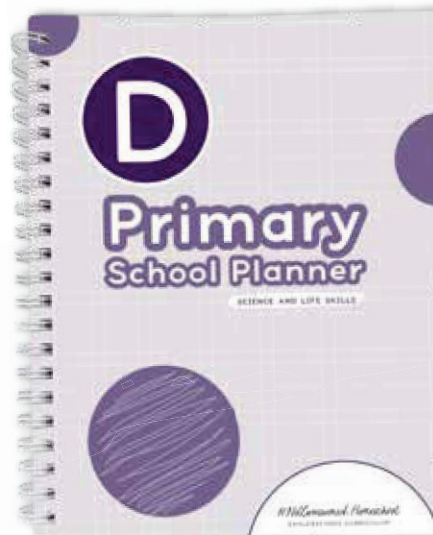
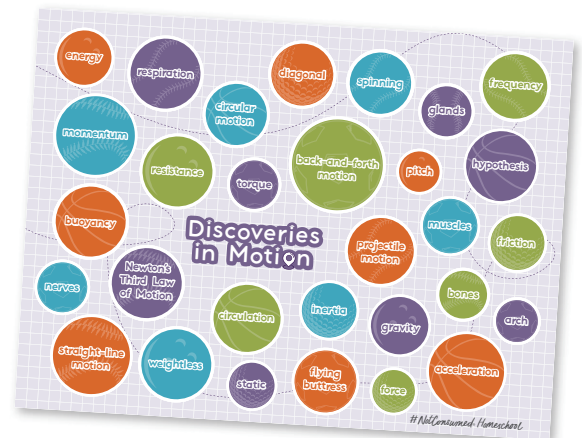
Tangram Activity Set

30 cards and a set of tangrams for students to “build” a picture that relates to the topics each week



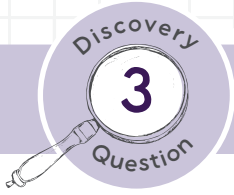
Motion Poster

Students can track their progress as they move through each week of the curriculum!



Primary Planner D

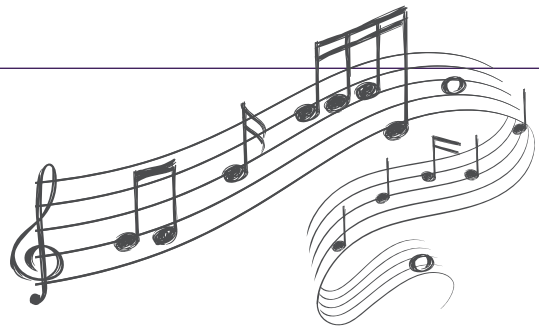
Daily tool for students to record their assignments and complete science and Bible copywork related to the topics each week



How does the brain help hormones?

Have you ever seen a group of musicians play together? Draw or write about it.

Think of your **brain** like a conductor leading an orchestra. All the musicians (your **glands**) need to play their instruments (make **hormones**) at the right time and in the right way. Your brain makes sure all your hormones work together to create beautiful music in your body.



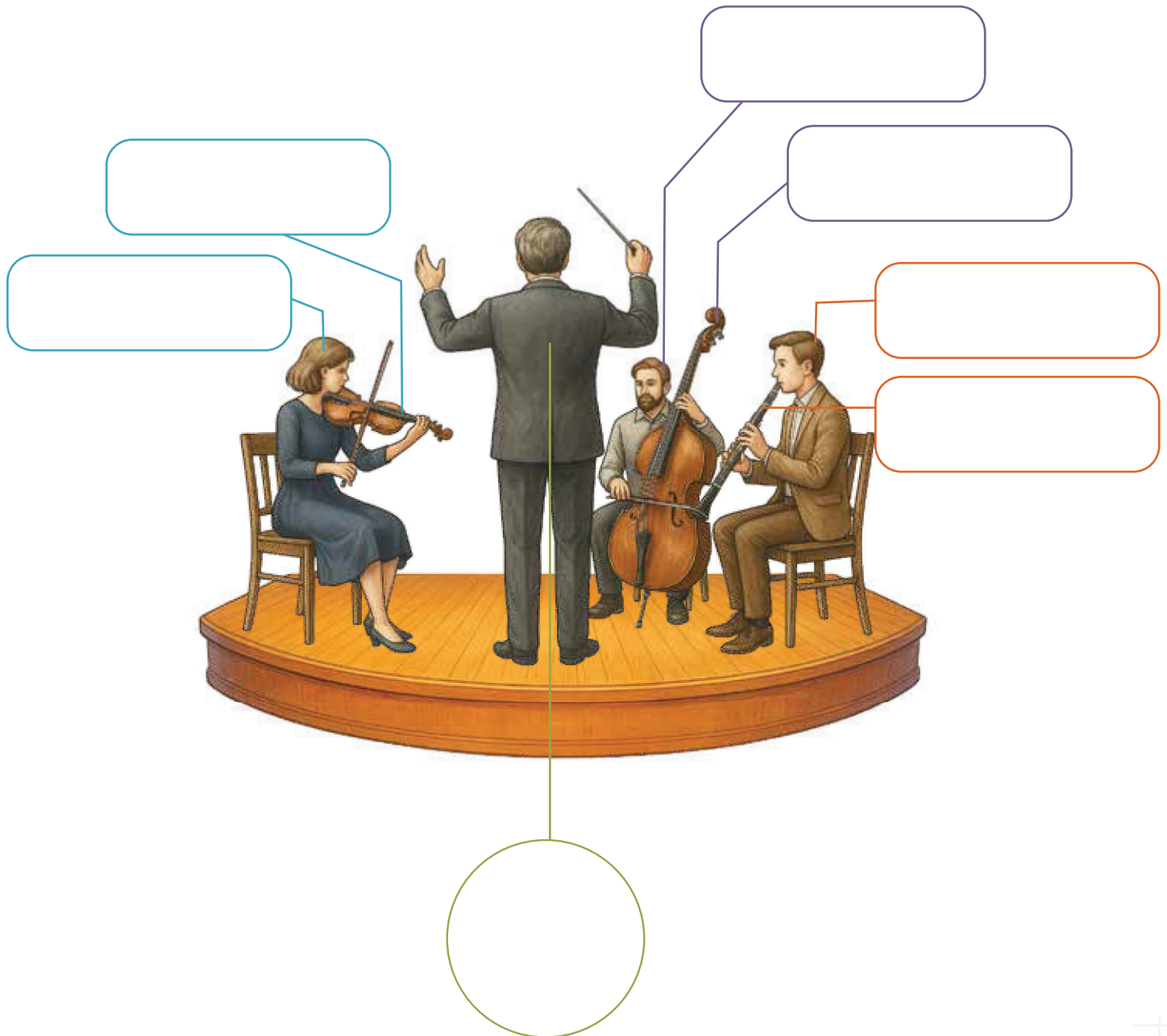
Your brain has a special part called the **hypothalamus** that regulates your body. It checks if you're hot, cold, hungry, or tired, then sends messages to your glands to fix any problems. The hormones **move** through your body to send the message!

Your hypothalamus is about the size of an almond. Draw an almond that is one inch long on this ruler.

	1	2	3	4	5	6
in						

The brain also helps your hormones work like a team. If one hormone is doing too much work, your brain tells it to slow down. If another hormone isn't working hard enough, your brain tells it to work harder.

Use the stickers on page 313 to label how the brain, glands, and hormones work like an orchestra in your body.





Find a couple of people in your family to sing a song with you. Ask one person to sing too fast and one person to sing too slow. You can sing the song at regular speed. Try singing the song together.

What song did you sing?

What did it sound like?

Now, all of you sing together at the same speed. What did that sound like?

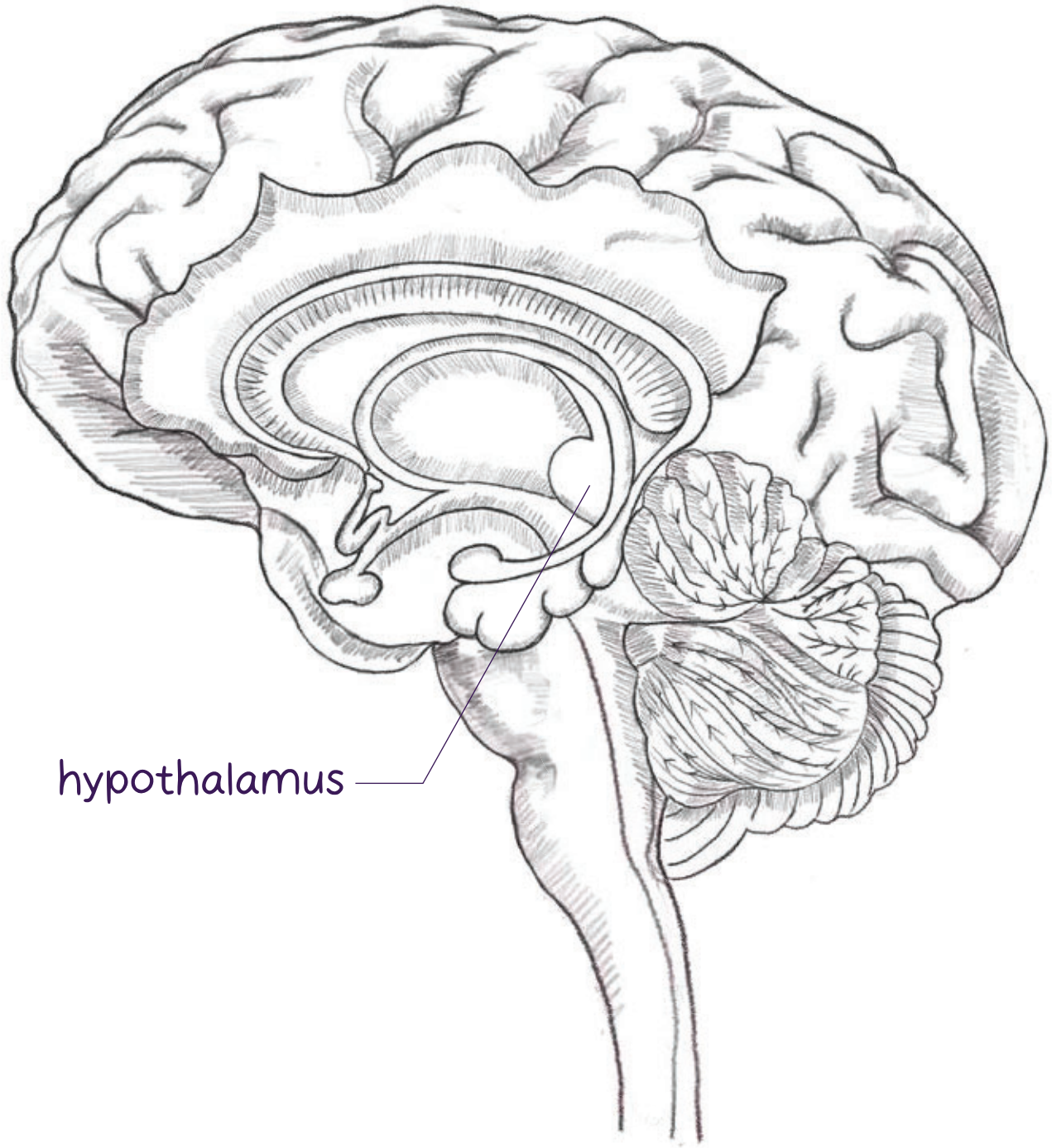
Which one would you rather listen to? Circle your answer.

the
first

the
second



Color the hypothalamus **green** and the rest of the brain **yellow**.



hypothalamus



☐ Read a book.

I read about _____.

Write the correct **plural word** by adding s or es.



heart

church

brush

bone

bus

bee

cow

switch

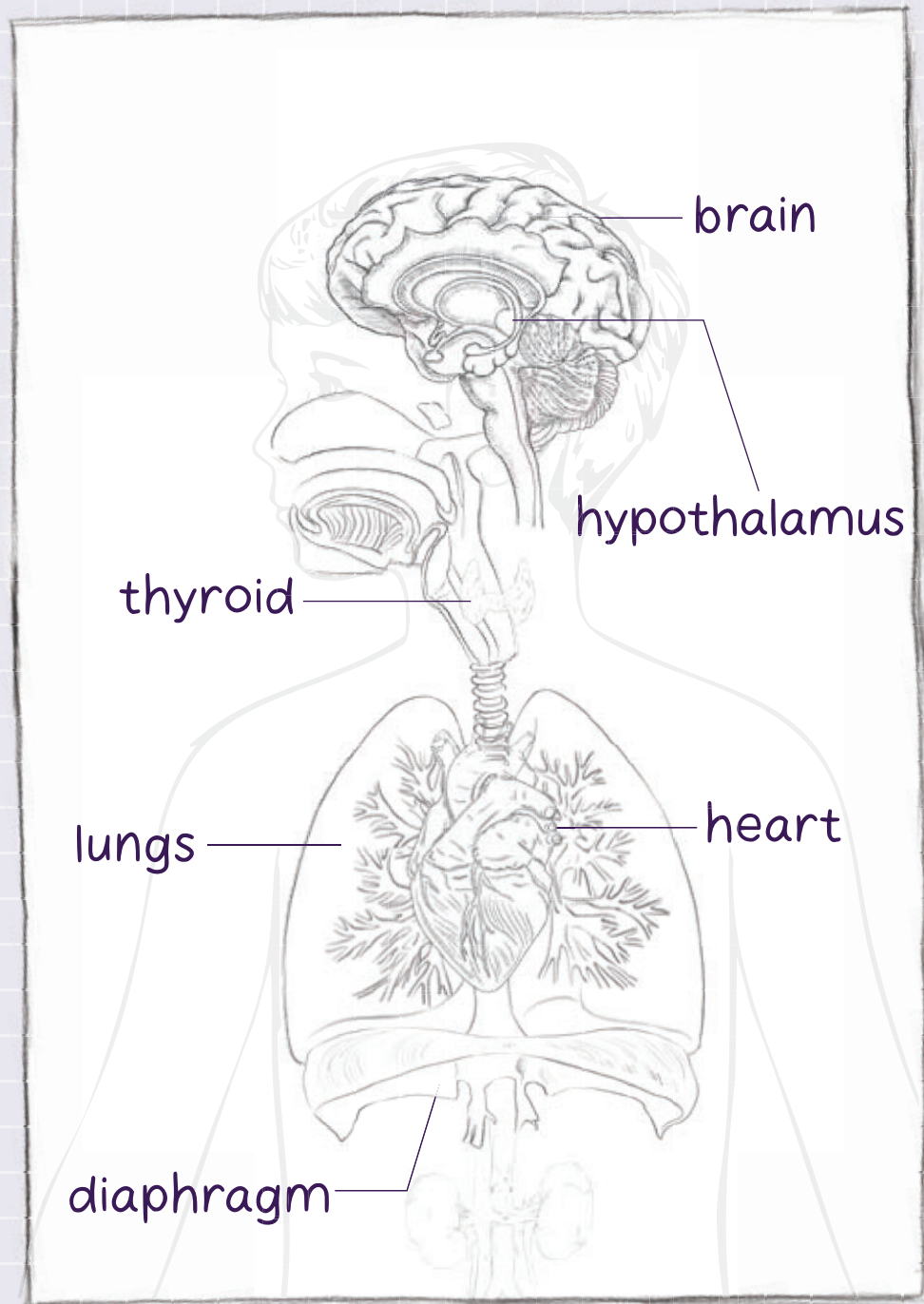
dish

ball



Draw and label yourself!

Lay down on a large piece of paper and ask a parent to outline your body. You can also make a chalk outline outside! Then, use the picture of the body below to draw some of the body parts we have learned about so far on the outline of your body! Be sure to label each part.





Discovery

5

Question

What will you discover on a field trip?

Parent note—
To wrap up the human
body study, take a
field trip! Here are
some ideas to help
your kids learn more
about the human body!

FIELD TRIP
IDEAS

- ☐ Science Museum or Children's Museum with interactive body exhibits and skeleton displays
- ☐ Medical center or hospital tour
- ☐ Health fair with blood pressure checks and vision/hearing screenings
- ☐ Dental office
- ☐ Physical therapy clinic
- ☐ Local gym or fitness center
- ☐ Eye doctor's office



Name:

Date:

Field Trip Location:

During Our Visit

2 new things I learned:

1.

2.

I asked this question:

The answer I got:

Check off the systems you observed today:

☐ Respiratory

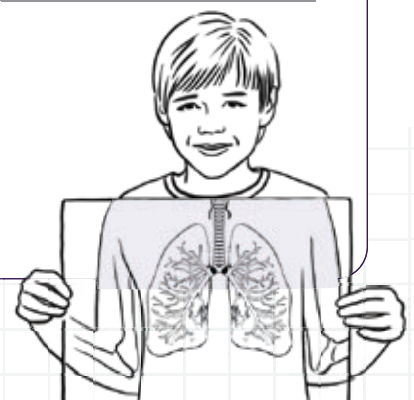
☐ Circulatory

☐ Endocrine

☐ Skeletal

☐ Nervous

☐ Muscular



At Home

The best part of our field trip was:

Because:

After our visit, I want to know more about:

One way I can take better care of my body based on what I learned:

Rate your field trip: 

I would/ would not recommend this field trip to other kids because:
