

Beginnings

LETTERS AND SOUNDS BOOK 1

#NotConsumed® Homeschool
EXPLORATIONS CURRICULUM

CREATED BY
Kimberly Sorgius Jones

AND THE NOT CONSUMED TEAM

CONTRIBUTORS:
LEAH SORGIUS MULLER
JESSICA SCHAAL

CREATIVE DIRECTOR:
EMILY SHEEDER

DESIGNER:
SARAH SHEEDER

ILLUSTRATORS:
RAMONA KURTEN
SARA EUBANKS

EDITORS:
CRYSTAL MARCUM
SOPHIA STOUFFER
ARDEN KOHOUT
KIMBERLY ALEXANDER
KRISTIANN KASHUBA
CAMERON POLLOCK

COPYRIGHT © 2024 NOT CONSUMED MINISTRIES, LLC

ALL RIGHTS RESERVED. THIS BOOK CONTAINS MATERIALS PROTECTED UNDER INTERNATIONAL AND FEDERAL COPYRIGHT LAWS AND TREATIES. ANY UNAUTHORIZED REPRINT OR USE OF THIS MATERIAL IS PROHIBITED. NO PART OF THIS BOOK MAY BE REPRODUCED OR TRANSMITTED IN ANY FORM OR BY ANY MEANS, ELECTRONIC OR MECHANICAL, INCLUDING PHOTOCOPYING, RECORDING, OR BY ANY INFORMATION STORAGE AND RETRIEVAL SYSTEM WITHOUT EXPRESS WRITTEN PERMISSION FROM THE AUTHOR/PUBLISHER. CREATED IN US, PRINTED IN CHINA. UNLESS OTHERWISE INDICATED, ALL SCRIPTURE QUOTATIONS ARE FROM THE HOLY BIBLE, ENGLISH STANDARD VERSION ® (ESV ®), COPYRIGHT © 2001 BY CROSSWAY, A PUBLISHING MINISTRY OF GOOD NEWS PUBLISHERS. USED BY PERMISSION. ALL RIGHTS RESERVED.

WEEKLY LESSONS

Introduction to Parents	4
Week 1: Mm	6
Week 2: Aa	20
Week 3: Pp	34
Week 4: Tt	46
Week 5: Ee	60
Week 6: Nn	72
Week 7: Review Week	84
Week 8: Cc	102
Week 9: Ii	116
Week 10: Kk	130
Week 11: Oo	144
Week 12: Rr	158
Week 13: Ss	170
Week 14: Review Week	182
Sight Word Flashcards	197
Mini Alphabet Flashcards	203
Additional Resources	205
Stickers	211

C c is for Cross

C c



cross

But God shows
his love for us
in that while we
were still sinners,
Christ died for us.
Romans 5:8

Teaching Tip:

The letter C makes two sounds: the hard /k/ sound as in cat and the soft /s/ sound as in cent. For this lesson, we will focus on the hard /k/ sound as in cat. Be sure to keep your /k/ short and not add an “uh” sound to the end.

DAY 1

Daily Exercises:

- ☐ Practice stretching words out for your child to hear the beginning, middle, and ending sounds.
- ☐ Read aloud to your child.
- ☐ Use the letter flashcards to review the letter sounds your child has learned so far.

Bible Lesson:

- ☐ Use pages 104–105 to teach the Bible lesson.

Memory Verse:

- ☐ Ask your child to repeat each line after you until they can say it on their own.

DAY 2

Daily Exercises:

- ☐ Practice stretching words out for your child to hear the beginning, middle, and ending sounds.
- ☐ Read aloud to your child.
- ☐ Use the letter flashcards to review the letter sounds your child has learned so far.

Memory Verse:

- ☐ Repeat each line until your child can say the whole verse together.

Say It:

- ☐ Read the words on page 103 to your child. Ask them whether they hear the /ē/ or /ă/ sound in the middle.
- ☐ Ask your child to look at each picture on page 107 and choose the correct beginning sound for the word. Pictures shown are net, paint, cans, and tape.

Letter Tiles:

- ☐ Pull out M, A, P, T, N, E, C letter tiles. Hold them up one at a time and ask your child to tell you the sound each letter makes. Play again and see if they can do it faster this time!

DAY 3

Daily Exercises:

- ☐ Practice stretching words out for your child to hear the beginning, middle, and ending sounds.
- ☐ Read aloud to your child.
- ☐ Use the letter flashcards to review the letter sounds your child has learned so far.

Memory Verse:

- ☐ Practice your verse as loud as you can!

Say It:

- ☐ Use the stickers for week 8 to sort the words that have the /k/ sound at the beginning into one cart and the words with any other beginning sound into the other cart on page 108.

Write It:

- On page 109, ask your child to trace the letter C with a finger, highlighter, or crayon. Then, allow them to draw or decorate it however they want! Consider tearing it out of the book to decorate it with craft supplies and hanging it on the wall.
- Ask your child to trace and write the capital and lowercase letter of the week on page 111.

DAY 4**Daily Exercises:**

- Practice stretching words out for your child to hear the beginning, middle, and ending sounds.
- Read aloud to your child.
- Use the letter flashcards to review the letter sounds your child has learned so far.

Memory Verse:

- Practice your verse as quietly as you can.

Write It:

- Ask your child to trace the c's on the cacti on page 112.

DAY 5**Daily Exercises:**

- Practice stretching words out for your child to hear the beginning, middle, and ending sounds.
- Read aloud to your child.
- Use the letter flashcards to review the letter sounds your child has learned so far.

Memory Verse:

- Recite the verse to someone else in the family!

Read It:

- Read the story on pages 113–114. After you read, ask your child to use the pictures on page 115 and retell the story. Some pictures weren't in the story.
- Add this week's letter sticker on page 217 to your alphabet poster.

map

pet

nap

cap

men

pan

ten

net

tap

met

Cc is for Cross

The Bible is made up of 66 books written by around 40 different human authors. But did you know that the Bible is all about one person?

Who do you think the Bible is all about?

It's all about Jesus (see Luke 24:27, 44)! The Old Testament points us to our need for Jesus, and the New Testament tells us all about who He is and what He did. In the first lesson, we learned that Jesus is powerful and that Jesus loves you. Today, we'll talk about how Jesus showed us just how much He loves us.

Let's read Romans 5:8. How did God show that He loved us?

God sent Jesus to die on the cross for our sins because He loves us. But how did Jesus' death save us from our sins? Well, there is no one in the world (except one person) who hasn't sinned. Everybody has sinned against God, so everyone deserves the punishment of sin, which is death.

Do you remember what sin is?

Jesus is the one person who lived a perfect life and never sinned. He was falsely accused of sin and sentenced to death, but that was all part of God's plan. When Jesus was crucified on the cross, God placed the sins of the whole world on Him. Because Jesus was perfect, He could take on the sins of the world. God allowed Jesus to die in our place, so that we could be washed clean and made free from our sin and not have to be punished for our sin. Because of Jesus, we can live forever with Him!

Even though Jesus died for everyone, not everyone is saved from their sins. Some people choose not to believe in Jesus and accept His gift of salvation. For those who do believe in Jesus and want to be saved, it's simple! You must believe that Jesus died for you, tell God you are sorry for your sin, and choose to live for Jesus instead of sin.

Have you ever done that?

Jesus died for you even when you were sinning and didn't love Him yet. Jesus died not just to save you from the final punishment of sin, but He also died to save you from the power of sin. That's why salvation is not just something that happens and you keep living the same way.

Pray to Jesus and thank Him for loving you enough to die on the cross for you. Ask Him to help you choose to obey Him and not sin.



BEGIN to know Jesus:

If you're saved, you no longer have to sin. Instead, Jesus can help you choose to obey God!

Cc

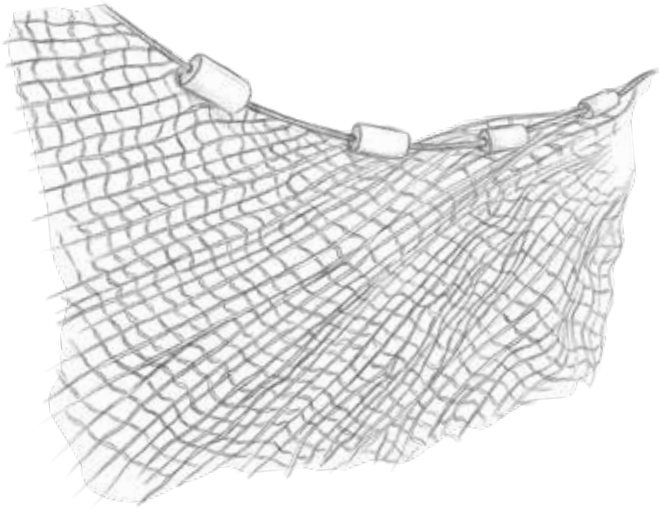


cross

But God shows
his love for us
in that while we
were still sinners,
Christ died for us.
Romans 5:8

DAY 2

Look at each picture. Circle the correct beginning sound for each word.



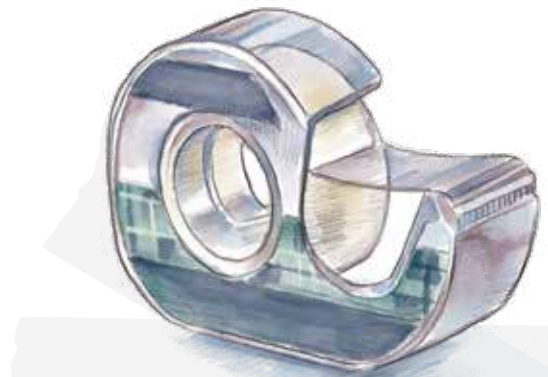
m n t



p t n



n m c



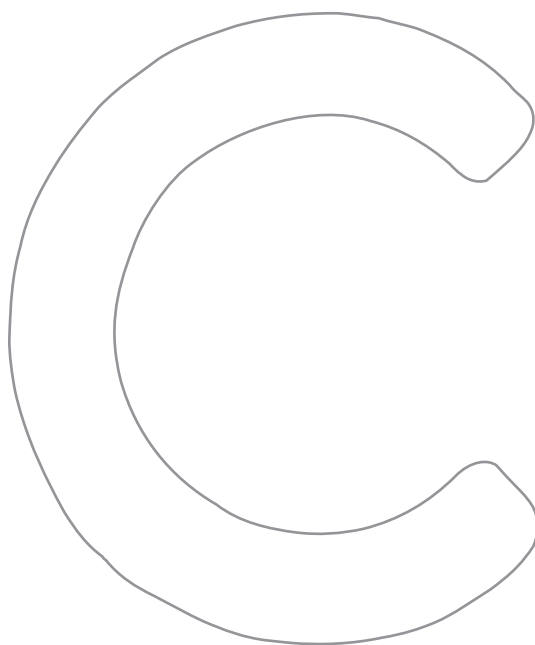
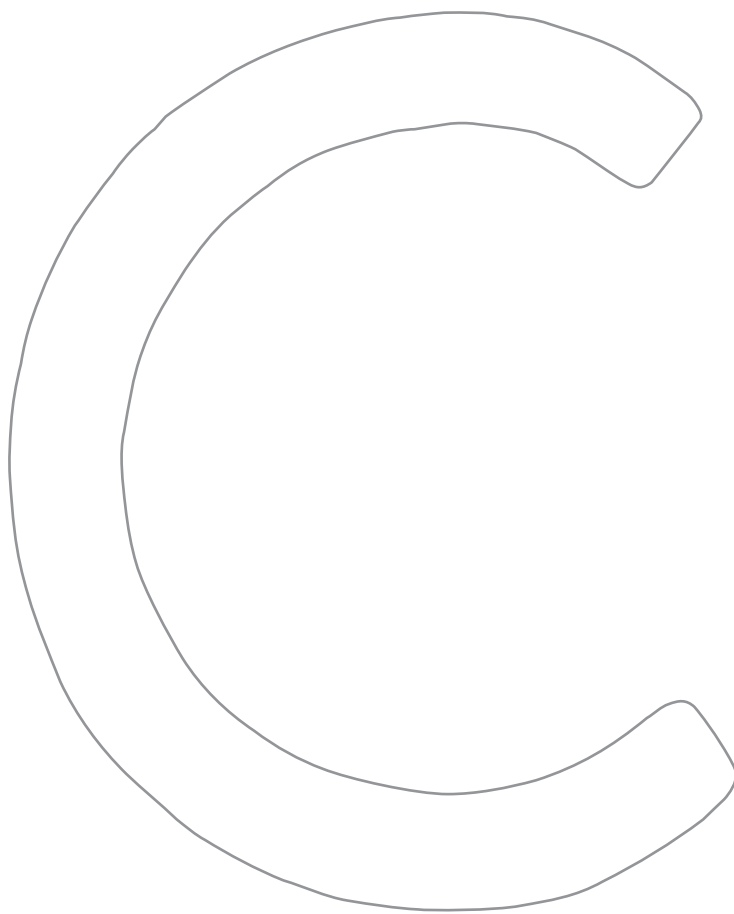
t c p

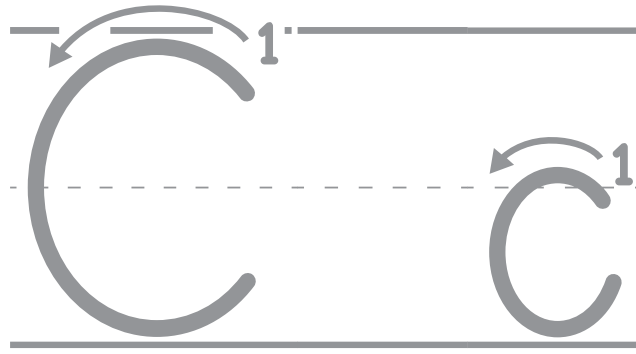
DAY 3

Use the beginning sound to decide which shopping cart the stickers go in! Words that start with a C go in the green cart with a C. Other words go in the purple cart.

C







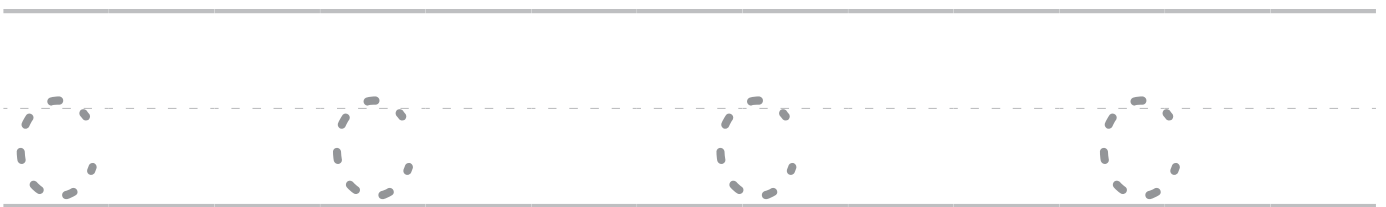
Trace the capital letter C.



Write the capital letter C.



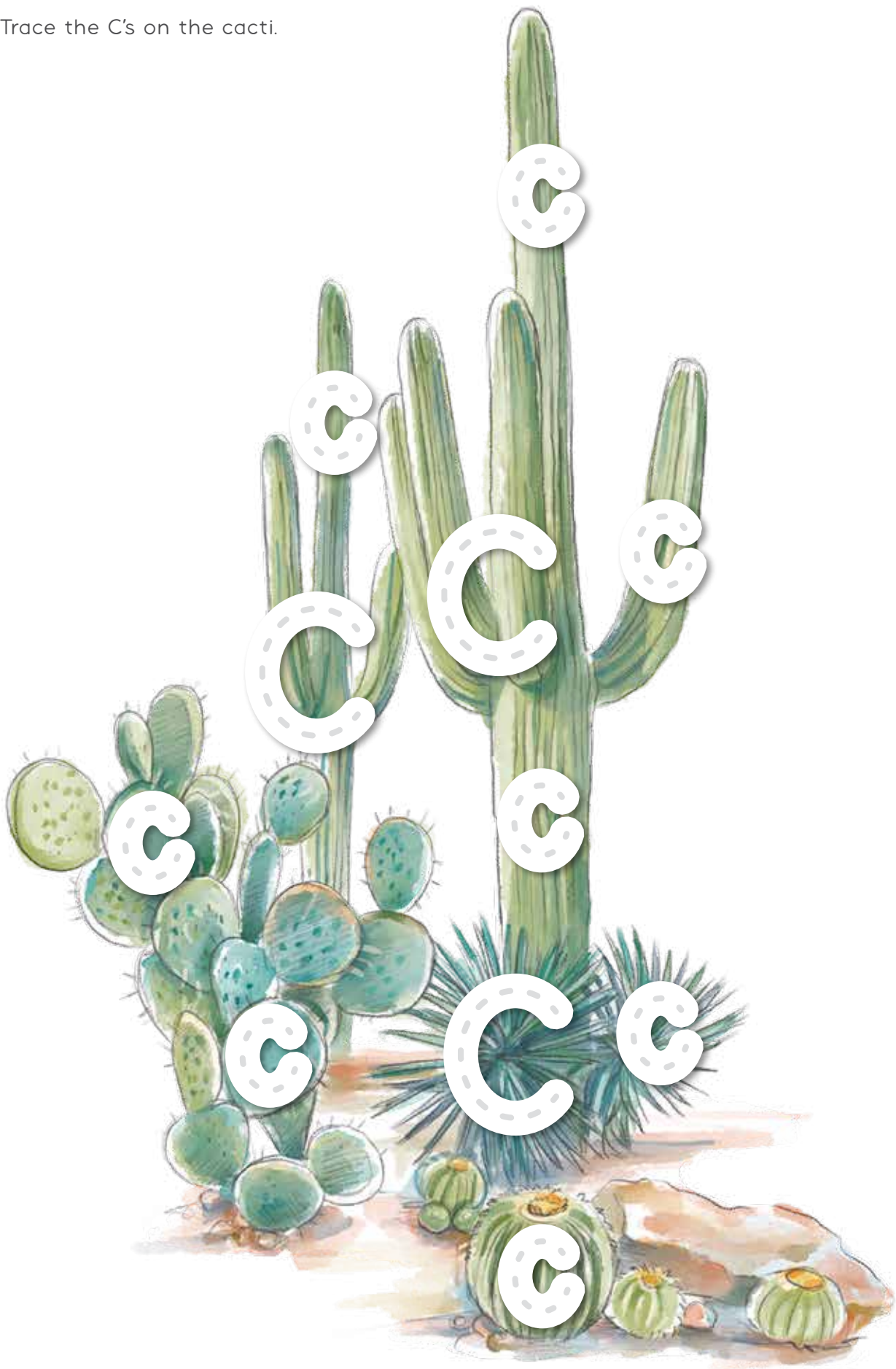
Trace the lowercase letter c.



Write the lowercase letter c.



Trace the C's on the cacti.



Listen to the story. Then, use the pictures on page 115 to retell the story.

Jenny was so excited. She and her brother, Ben, were going on a road trip! Of course, they were bringing their parents too. They were planning to go all across the United States and see many amazing things. But first, Jenny had to finish packing.

Her parents had already finished packing. They each had one big suitcase and a backpack. Jenny's dad also brought a map. Ben had finished packing too. His suitcase was in the hallway next to Mom and Dad's suitcases. Jenny could see Ben's favorite butterfly net sticking out of his backpack. His blue cap was on his head so it didn't get squashed in his suitcase.

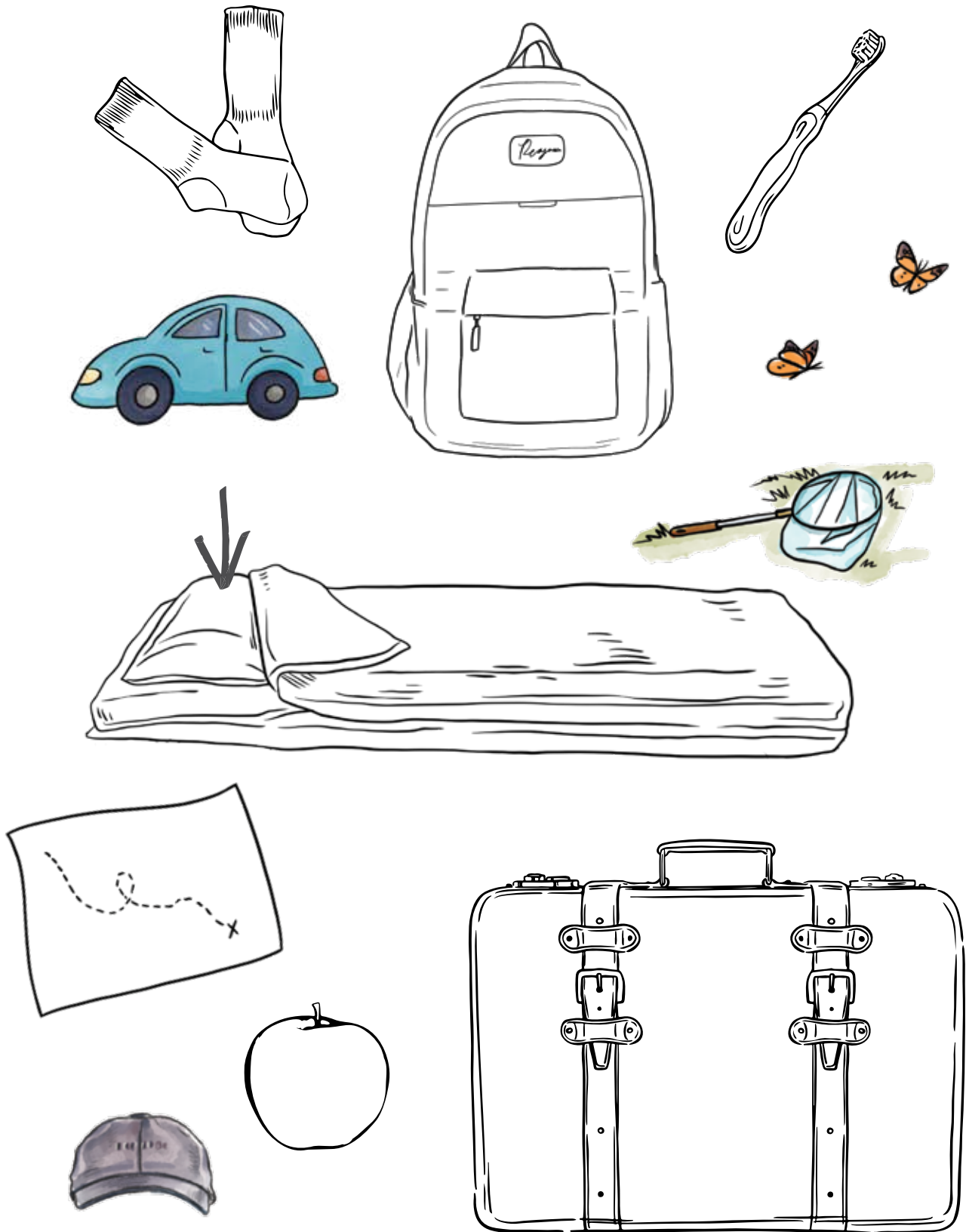
A few minutes later, Jenny had almost finished packing.

“I need one more thing!” She exclaimed. “My favorite pen!”

Jenny never went anywhere without her favorite pen. After all, you never know when you might need one! Now Jenny was ready for the road trip, and she couldn't wait!

DAY 5

Retell some events from the story. Circle the pictures from the story.



It's that time! Your child is ready to begin learning how to read. Don't let the thought of teaching your child this skill overwhelm you. *Beginnings*, our Stage 1 reading curriculum, is designed to equip you to teach your child the foundations of reading.

This letter of the week curriculum includes Bible stories, memory verses, and builds reading skills. Interactive lessons and hands-on activities teach your child how to read, write, and learn the sounds of each letter of the alphabet. *Beginnings* will give your child a firm foundation that sets them up for success as they continue to learn literacy skills.



BEG

